

**LEON COUNTY SENIOR SERVICES
AT COMMUNITY CENTER SATELLITE SITES
VIA ELDER READY COMMUNITY PROJECT
THROUGH TALLAHASSEE SENIOR CITIZENS FOUNDATION**

PROPOSAL

- Coordinate senior-focused programs, activities, and services at the County's Community Centers at no cost to the Tallahassee Senior Citizens Foundation.
- Senior programs and activities would operate under the same policies, procedures, and guidelines as those at the Tallahassee Senior Center. The majority of classes and activities are funded by a donation-basis. The Senior Services Coordinator must approve fees and/or donations for classes and activities at the Community Centers. All revenues would be deposited into the Elder Ready Community Project of the TSC Foundation and reinvested into additional senior programs and services in the Leon County area. Seniors age 55 and over pay a lower fee than adults under age 55.
- Programs will be listed on the monthly Senior Center calendar published the second Sunday of each month in the Tallahassee Democrat. Current calendars will also be available at the Tallahassee Senior Center, Heritage Oaks Satellite Site, and the participating Community Centers, as well as on the Senior Center web site at talgov.com (services, senior services). The possibility of listing the schedule on the county and community centers' websites will also be explored.

Programs and activities at the Community Centers will offer a small revenue source for Leon County Senior Services and provide additional locations for activities and services provided through the Tallahassee Senior Citizens Foundation.

Sheila Salyer
Executive Director
TSC Foundation
850/891-4000
salyers@talgov.com

Susan Davis
Senior Service Coordinator
TSC Foundation
850/891-4000
davissu@talgov.com

• Includes "Senior Day" at Community Centers
(see next page).

May 2, 2003

**Leon County
Elder Ready Community Project
County Senior Day-
Possible Participants**

- **Red Cross, Sheriff's Dept., and Fire Dept.** They could all come each time, or maybe contribute on a rotating basis. Provide safety workshops.
- **Legal Services.** Provide copies of pertinent forms like Living Wills, Do Not Resuscitate Orders, Power of Attorney, Health Care Surrogate, Five Wishes and also provide educational workshops on how to fill out these forms.
- **Bookmobile.** Could also provide forms for the Talking Library out of Daytona.
- **Mobile Health Unit from the Leon County Health Department.** Could also supplement with additional screenings from other community resources on a revolving basis, like hearing, vision, skin cancer, osteoporosis, etc.
- **Extension service could provide health education on topics such as blood pressure, nutrition, cholesterol, etc.**
- **Relative Caregiver support group gatherings**
- **Second Harvest, SHARE**
- **Outreach opportunity for the schools to sign-up seniors to read or mentor elementary students at the nearest school.**
- **Private vendors like a vegetable stand, meat truck.**
- **Entertainment like music groups, theatre groups, dance groups**
- **AARP tax aide from Jan. thru April**
- **Respite care from Alzheimer's Resource Project**
- **Congregate meal site**
- **Financial planning workshops**
- **RSVP (Retired Senior Volunteer Program) information and sign-up**

Susan Davis
Senior Services Coordinator
Elder Ready Community Project
891-4065
davissu@talgov.com